

# NEWSLETTER

Newsletter



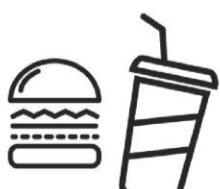
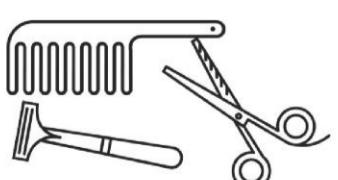
Lotus Villa & Memory Care  
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(909) 355-6887

Happy  
FATHER'S  
Day!



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TOOLS  
JOKES  
SPORTS  
HOME  
BBQ  
CARING  
FAMILY  
PROTECTIVE  
RESPECT  
LOVE  
DADDY  
TIE  
SPECIAL  
GIFTS  
HONOR  
HUGS  
FUNNY  
THOUGHTFUL  
MEMORIES  
STRONG



## EMPLOYEE SPOTLIGHT

Salud Asares

Was born and raised in the Philippines, then later migrated to the United States. While in the Philippines she managed a furniture store with her family for fifteen years. As a single mother of four and grandmother of two, she puts family first.

Salud, serves Lotus Villa residents as a care giver. She has devoted her life to provide our residents with care and compassion. She is praised by her peers for being outgoing and easy to get along with. In addition, residents describe her as a very hard-working person willing to go above and beyond the call of duty.

Let's all congratulate Salud Asares on a job well done!

Thank You,

Lisa Day

## Happy Birthday to Everyone Born in the month of June!

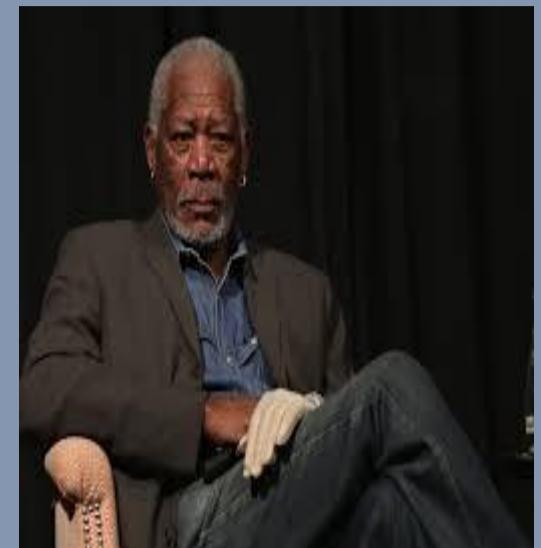
### The life of Audrey Hepburn

The youngest of five children born to barber Morgan Porterfield Freeman, Sr. and schoolteacher Mayme Edna, Freeman was raised in Chicago and Mississippi in a low-income home. Not long after he was born, Morgan's parents, like so many other African-Americans struggling under the pressures of the Jim Crow South, relocated to Chicago to find work. While his parents looked for jobs, Freeman remained with his maternal grandmother in Charleston, Mississippi.

In 1997, Freeman co-founded the movie production company Revelations Entertainment, including its online movie distribution company, Click Star. He has also launched a host of charitable endeavors. The actor, who resides in the Mississippi Delta, raised money for Katrina victims not long after the devastating hurricane ripped through the area. Through Rock River Foundation, an organization he started, Freeman's group has donated millions to educational programs. And in 2004 he helped organize relief funds for hurricane victims in Grenada. After hearing about the decline of honeybees and its devastating impact on the environment, Freeman turned his 124-acre ranch into a beekeeping sanctuary in July 2014.

Morgan Freeman is single now, but previously he dated numerous beautiful women. He was married officially just twice. Jeanette was the actor's first wife. Two young people dated during 5 years and tied a knot on October 22, 1967. They spent twelve years together, but then something went wrong, and the couple separated and filed for divorce, which was finalized on November 19, 1979.

His second wife Myrna was married to an Academy Award holder Morgan Freeman during 23 years. They separated in 2007 and three years later finalized the divorce process. His children are E'Dena Hines, Donovan Lee Freeman, Joshua Caleb Freeman, Alfonso Rene Freeman II



**Morgan Freeman was born June 1, 1937, in Memphis, Tennessee. Although he loved acting, Freeman joined the Air Force after high school to become a fighter pilot. He later realized it wasn't what he'd wanted and thus, began his acting career. After years of small parts and limited success, he began to land big roles and win critical and popular acclaim. He's now one of Hollywood's most respected stars.**



### Administrator Corner

*Due to the COVID-19 pandemic our society has been faced with extraordinary challenges that have limited our social interactions. Unfortunately, this virus has changed how we socialize with our friends and families. However, these challenges are what motivate us. Therefore, Lotus Villa's primary focus is that both you and your loved ones continue to stay connected. Although, we make sure to practice social distancing we are mindful of your longing to see your family face to face. Therefore, we utilize social applications like zoom, face time and all other source outlets to keep you connected with the ones that matter the most. In addition, please do not hesitate to reach out to me if you need to contact with that special person.*

*Finally, June is the month we celebrate fathers all over the world. Although, it is not easy to be a father, having one that supports and loves his family is the best! So, on behalf of Lotus Villa, I want to wish all the fathers a special Happy Father's Day!*

Thank You,  
Lisa Day



## June Is Alzheimer's & Brain Awareness Month

[GO PURPLE >](#)

**Memory loss that disrupts daily life may be a symptom of Alzheimer's or other dementia. Alzheimer's is a brain disease that causes a slow decline in memory, thinking and reasoning skills. There are 5 warning signs and symptoms. If you notice any of them, don't ignore them. Schedule an appointment with your doctor.**

- 1) One of the most common signs of Alzheimer's disease, especially in the early stage, is forgetting recently learned information. Others include forgetting important dates or events, asking for the same questions over and over, and increasingly needing to rely on memory aids (e.g., reminder notes or electronic devices) or family members for things they used to handle on their own.

**What's a typical age-related change?**

Sometimes forgetting names or appointments but remembering them later.

- 2) Some people living with dementia may experience changes in their ability to develop and follow a plan or work with numbers. They may have trouble following a familiar recipe or keeping track of monthly bills. They may have difficulty concentrating and take much longer to do things than they did before.

**What's a typical age-related change?**

Making occasional errors when managing finances or household bills.

- 3) People with Alzheimer's often find it hard to complete daily tasks. Sometimes they may have trouble driving to a familiar location, organizing a grocery list or remembering the rules of a favorite game.

**What's a typical age-related change?**

Occasionally needing help to use microwave settings or to record a TV show.

- 4) People living with Alzheimer's can lose track of dates, seasons and the passage of time. They may have trouble understanding something if it is not happening immediately. Sometimes they may forget where they are or how they got there.

**What's a typical age-related change?**

Getting confused about the day of the week but figuring it out later.

- 5) A person living with Alzheimer's disease may put things in unusual places. They may lose things and be unable to go back over their steps to find them again. He or she may accuse others of stealing, especially as the disease progresses.

**What's a typical age-related change?**

Misplacing things from time to time and retracing steps to find them.

# NFL Rosters 2020

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## **DEPARTMENT HEADS**



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